

Liverpool Hoop Hero

Our children all have someone special in their lives that go the extra mile to make them smile, inspire them with wonder or teach them a skill they'll love for life.

2019's Hoop Hero is the family activity professional who has made the biggest impact local families in the last year.

Rachel Hilton

from [Holistic Harmonies](#)

Parents say:

"Rachael has such a special bond and lovely manner with the children she works with, we love her baby massage class!"

"Rachel is full of passion for what she does, always inclusive and patient and is just amazing with babies!"

"Really connected to me and my child - in a totally honest and no judgemental way and she is a totally natural with the babes as well as brilliant entertainer and great motivational lady - with a fab voice - the babes and you will love being in her sessions - especially as a new mum"